

Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	211	Eva Zimmermann	Triathlon Club Bremen	AK 25 (w)	1	0:10:42 (2)	2:05	0:34:51 (1)	3:10	0:23:25 (1)	1:14:13
2	205	Ella Schmidt	SZ Kornwestheim	AK 30 (w)	1	0:10:03 (1)	2:07	0:37:06 (3)	2:52	0:24:36 (4)	1:16:42
3	239	Sarah Kliebisch	Blumenthaler Turnverein	AK 35 (w)	1	0:14:11 (11)	2:34	0:37:09 (4)	3:33	0:23:51 (3)	1:21:18
4	279	Lena Schröder	TC Fiko Rostock	AK 25 (w)	2	0:14:21 (12)	2:52	0:38:49 (7)	4:40	0:23:51 (2)	1:24:32
5	237	Miriam Sasse-Riechmann		AK 35 (w)	2	0:13:04 (6)	4:52	0:38:17 (5)	3:44	0:26:58 (7)	1:26:55
6	220	Katrin Kroschinski	Team Erdinger Alkoholfrei	AK 40 (w)	1	0:12:28 (3)	3:00	0:36:41 (2)	4:46	0:31:20 (32)	1:28:14
7	293	Kristiane Liebau	Harpstedter TB Triathlon	AK 45 (w)	1	0:14:11 (10)	3:07	0:40:06 (14)	4:18	0:28:19 (17)	1:30:01
8	367	Hannah Kaufmann	HSB TriRunners	AK 20 (w)	1	0:15:03 (21)	3:29	0:39:21 (9)	3:46	0:28:24 (18)	1:30:03
9	446	Thea Zimmer	TriAs Flensburg e.V.	AK 25 (w)	3	0:15:50 (35)	3:27	0:39:39 (11)	3:55	0:27:29 (10)	1:30:20
10	458	Carolin Güldner		AK 35 (w)	3	0:14:26 (14)	3:20	0:40:14 (17)	4:00	0:29:25 (23)	1:31:25
11	415	Anna Bruhn		AK 25 (w)	4	0:15:23 (27)	3:18	0:40:50 (23)	3:41	0:28:15 (15)	1:31:27
12	345	Luca Marie Nestler		AK 20 (w)	2	0:12:59 (5)	3:18	0:42:33 (35)	3:30	0:29:41 (24)	1:32:00
13	467	Andrea Borrek	VCV	AK 35 (w)	4	0:16:37 (47)	3:39	0:40:01 (13)	4:22	0:27:42 (11)	1:32:21
14	366	Anna Jansen		AK 20 (w)	3	0:16:20 (44)	3:41	0:41:31 (26)	3:53	0:27:09 (8)	1:32:33
15	283	maren Tiemerding		AK 25 (w)	5	0:15:54 (36)	4:24	0:42:26 (34)	3:28	0:26:42 (6)	1:32:54
16	349	Daniela Voß		AK 35 (w)	5	0:16:51 (52)	3:39	0:40:19 (20)	4:07	0:28:17 (16)	1:33:13
17	475	Antje Jacobs	LSF Oldenburg	AK 40 (w)	2	0:16:27 (45)	4:08	0:40:06 (14)	3:39	0:29:19 (22)	1:33:38
18	368	Ann Kathrin Borchert	Team Zoot Europe	AK 30 (w)	2	0:16:59 (54)	3:42	0:38:44 (6)	4:05	0:30:37 (30)	1:34:07
19	387	Ina Michels		AK 30 (w)	3	0:13:45 (9)	3:48	0:39:24 (10)	4:08	0:33:05 (42)	1:34:10
20	471	Mareike Demel	HanseWasser	AK 30 (w)	4	0:14:42 (16)	3:39	0:41:55 (30)	4:04	0:29:54 (25)	1:34:14
21	465	Verena Severin	Commerzbank	AK 40 (w)	3	0:15:29 (29)	3:08	0:39:58 (12)	4:15	0:32:05 (36)	1:34:55
22	285	Juliane Harsch		AK 35 (w)	6	0:12:39 (4)	3:28	0:41:54 (29)	4:09	0:32:46 (41)	1:34:55
23	355	Mirja Schönewolf	Sparkasse Bremen	AK 40 (w)	4	0:16:05 (39)	3:15	0:42:45 (37)	4:42	0:28:44 (19)	1:35:31
24	551	Sonja Kläner	LSF Oldenburg	AK 50 (w)	1	0:19:00 (72)	3:31	0:40:37 (21)	3:55	0:28:44 (19)	1:35:46
25	323	Jutta Viohl		AK 45 (w)	2	0:18:08 (63)	3:26	0:38:53 (8)	4:31	0:31:29 (33)	1:36:27
26	474	Heike Greis	LSF Oldenburg	AK 55 (w)	1	0:16:28 (46)	4:03	0:41:32 (27)	4:20	0:30:27 (29)	1:36:50
27	455	Simone Klusmeyer		AK 40 (w)	5	0:17:15 (57)	4:00	0:43:37 (43)	4:20	0:27:53 (12)	1:37:05

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
28	470	Mirjam Kolbeck		AK 30 (w)	5	0:16:04 (38)	4:55	0:46:12 (49)	3:58	0:27:16 (9)	1:38:24
29	529	Marielle Thomas		AK 25 (w)	6	0:15:15 (25)	4:01	0:42:51 (38)	4:01	0:32:21 (39)	1:38:29
30	335	Ines Kaiser		AK 35 (w)	7	0:16:06 (40)	3:15	0:42:14 (32)	5:02	0:31:56 (34)	1:38:33
31	336	Lorena Stewen		AK 35 (w)	8	0:14:53 (19)	4:29	0:42:14 (33)	5:01	0:31:57 (35)	1:38:33
32	452	nadine scharf		AK 40 (w)	6	0:15:48 (34)	3:27	0:40:15 (18)	4:58	0:34:22 (47)	1:38:50
33	359	Jana Wegner		AK 40 (w)	7	0:15:25 (28)	3:15	0:40:59 (24)	4:40	0:34:51 (48)	1:39:10
34	494	Karolin Busch	triabolos triathlon hamburg e.V.	AK 40 (w)	8	0:18:15 (67)	3:57	0:41:58 (31)	5:03	0:30:03 (27)	1:39:15
35	297	Claudia Kroll		AK 25 (w)	7	0:14:45 (17)	2:51	0:41:52 (28)	4:35	0:35:35 (50)	1:39:38
36	343	Silke Frambach		AK 50 (w)	2	0:19:10 (73)	3:44	0:40:49 (22)	3:47	0:32:14 (37)	1:39:44
37	299	Judith Krause		AK 35 (w)	9	0:14:42 (15)	3:03	0:41:14 (25)	4:36	0:36:40 (56)	1:40:15
38	442	Laura Klatte		AK 25 (w)	8	0:16:39 (48)	3:38	0:44:40 (44)	4:09	0:31:12 (31)	1:40:18
39	534	Merle Matheja	TuS Hoya	AK 25 (w)	9	0:18:07 (62)	3:43	0:40:19 (19)	4:27	0:33:49 (46)	1:40:26
40	412	Isabell Haubner		AK 25 (w)	10	0:15:38 (32)	2:33	0:51:58 (71)	3:50	0:26:41 (5)	1:40:40
41	495	Paula Rauf		AK 25 (w)	11	0:17:39 (59)	4:18	0:46:23 (51)	4:26	0:28:04 (13)	1:40:50
41	496	Martina Rauf		AK 25 (w)	11	0:16:48 (51)	4:59	0:46:31 (52)	4:28	0:28:05 (14)	1:40:50
43	404	Larissa Schanz		AK 35 (w)	10	0:16:40 (49)	4:44	0:45:05 (47)	4:23	0:30:11 (28)	1:41:03
44	432	Michaela Wilken		AK 55 (w)	2	0:16:07 (41)	4:13	0:43:24 (42)	4:59	0:32:40 (40)	1:41:23
45	399	Daniela Albig-Syren		AK 50 (w)	3	0:15:09 (22)	4:58	0:46:41 (54)	5:40	0:29:04 (21)	1:41:32
46	414	Ines Düwel	Hit Radio Namibia Running Team	AK 35 (w)	11	0:15:14 (24)	3:56	0:47:42 (59)	4:38	0:30:02 (26)	1:41:32
47	223	Silke Weier	Marathon-Club Menden	AK 55 (w)	3	0:13:08 (7)	3:26	0:43:08 (40)	4:53	0:37:28 (57)	1:42:01
48	385	Annika Nitsche		AK 35 (w)	12	0:15:34 (31)	3:58	0:40:07 (16)	5:16	0:37:29 (58)	1:42:25
49	409	Fee Russell		AK 30 (w)	6	0:15:33 (30)	3:46	0:45:04 (46)	4:53	0:33:15 (43)	1:42:32
50	421	Anna Kreyenhop	Bremischer Schwimmverein	AK 45 (w)	3	0:15:10 (23)	3:12	0:45:12 (48)	4:28	0:35:35 (51)	1:43:38
51	352	Maike Hopp		AK 45 (w)	4	0:14:23 (13)	4:05	0:43:03 (39)	4:26	0:37:58 (59)	1:43:56
52	476	Hanna Steilen		AK 30 (w)	7	0:18:54 (71)	4:36	0:42:37 (36)	4:34	0:35:41 (52)	1:46:22
53	506	Celine Hillmer	Team ELISE	AK 25 (w)	13	0:18:02 (61)	4:34	0:47:11 (56)	3:40	0:33:32 (44)	1:46:59
54	332	Birte Beiß	Triathlon Club Bremen	AK 40 (w)	9	0:16:47 (50)	5:07	0:43:19 (41)	5:36	0:36:25 (55)	1:47:14

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
55	372	Ute Klosa		AK 55 (w)	4	0:18:09 (64)	4:35	0:45:01 (45)	5:13	0:35:48 (53)	1:48:46
56	533	Claudia Wübbeling	TuS Hoya	AK 45 (w)	5	0:19:47 (75)	3:50	0:46:23 (50)	4:13	0:34:59 (49)	1:49:11
57	445	Rayka Monte		AK 35 (w)	13	0:16:10 (42)	4:53	0:46:44 (55)	5:23	0:36:18 (54)	1:49:28
58	273	Clara Johanna Jacobsen		AK 30 (w)	8	0:17:11 (56)	8:35	0:47:18 (58)	6:18	0:32:15 (38)	1:51:36
59	353	Janine Gerspacher		AK 40 (w)	10	0:16:19 (43)	4:48	0:46:38 (53)	6:13	0:38:35 (60)	1:52:31
60	478	Vicky Degener		AK 25 (w)	14	0:18:11 (65)	5:03	0:51:01 (68)	4:49	0:33:41 (45)	1:52:45
61	215	Stefanie Klosa		AK 25 (w)	15	0:13:41 (8)	4:55	0:50:17 (67)	4:53	0:41:18 (67)	1:55:03
62	486	Sabine Scheffler		AK 50 (w)	4	0:15:57 (37)	4:28	0:49:54 (64)	5:06	0:40:31 (66)	1:55:56
63	341	Carolin Rohrsen	St. Pauli Triathlon	AK 40 (w)	11	0:14:51 (18)	4:04	0:47:12 (57)	4:40	0:45:24 (72)	1:56:10
64	451	Aileen Plump		AK 25 (w)	16	0:18:23 (69)	4:54	0:48:51 (62)	5:33	0:40:04 (64)	1:57:45
65	301	Nina Schorling		AK 40 (w)	12	0:20:50 (76)	3:43	0:49:26 (63)	5:01	0:39:29 (62)	1:58:29
66	431	Jennifer Weber		AK 30 (w)	9	0:15:20 (26)	4:25	0:51:02 (69)	5:29	0:42:37 (68)	1:58:53
67	443	Renate Witting	Triathlon Club Bremen	AK 70 (w)	1	0:15:43 (33)	5:31	0:48:08 (61)	5:50	0:45:24 (72)	2:00:36
68	498	Waltraud Bernau	Triathlon Club Bremen	AK 70 (w)	2	0:24:29 (79)	4:09	0:47:58 (60)	4:50	0:39:47 (63)	2:01:14
69	346	Daniela Schröder		AK 35 (w)	14	0:16:56 (53)	5:43	0:50:13 (66)	6:02	0:43:22 (70)	2:02:16
70	483	Finja Böhling		AK 25 (w)	17	0:17:52 (60)	7:01	0:52:12 (72)	7:45	0:38:39 (61)	2:03:28
71	423	Esther Homburg		AK 60 (w)	1	0:17:19 (58)	6:04	0:54:01 (74)	5:57	0:40:07 (65)	2:03:28
72	268	Claire Hawkings		AK 35 (w)	15	0:18:44 (70)	7:41	0:51:20 (70)	5:42	0:43:11 (69)	2:06:38
73	509	Sofie Dittmer		AK 35 (w)	16	0:18:12 (66)	4:51	0:54:12 (75)	5:19	0:44:53 (71)	2:07:28
74	447	kathrin assbauer		AK 65 (w)	1	0:21:22 (77)	6:02	0:50:02 (65)	7:29	0:45:31 (74)	2:10:27
75	459	Clara Staffeldt		AK 20 (w)	4	0:18:23 (68)	4:50	0:52:18 (73)	6:34	0:49:00 (76)	2:11:06
76	521	Kathrin Wischnath		AK 50 (w)	5	0:19:10 (74)	7:46	0:55:31 (76)	6:37	0:45:45 (75)	2:14:49
77	358	Anja Büssenschütt	Bushido Karate Schule Bremen	AK 55 (w)	5	0:23:58 (78)	9:00	0:59:14 (77)	9:52	0:55:51 (77)	2:37:55
DISQ	376	Angelika Hartwig	Triathlon Club Bremen	AK 65 (w)		0:18:08 ()	4:05	0:30:14 ()	4:25	0:30:24 ()	1:27:17

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	253	Simon Manteufel	TSV Chieming Triathlon	AK 30 (m)	1	0:10:25 (3)	2:01	0:32:21 (7)	2:48	0:20:18 (4)	1:07:54
2	216	Alexander Kriebel		AK 40 (m)	1	0:11:56 (16)	2:28	0:31:52 (6)	2:46	0:19:38 (1)	1:08:40
3	201	Daniel Lang	Triathlöwen Bremen	AK 35 (m)	1	0:10:30 (4)	2:09	0:33:22 (12)	2:45	0:20:16 (3)	1:09:01
4	319	Tobias Markmeyer	RSC Oldenburg	AK 30 (m)	2	0:13:02 (33)	3:33	0:31:34 (4)	3:01	0:20:11 (2)	1:11:21
5	210	Ole Broehldick		AK 25 (m)	1	0:11:32 (11)	2:14	0:33:49 (14)	2:48	0:21:28 (8)	1:11:51
6	212	Ralf Weier	Marathon-Club Menden	AK 55 (m)	1	0:10:44 (6)	2:42	0:31:46 (5)	3:16	0:24:46 (32)	1:13:13
7	204	Ben Köppen	FC ST. PAULI	AK 35 (m)	2	0:10:48 (7)	2:22	0:34:45 (18)	2:47	0:22:33 (13)	1:13:15
8	331	Lukaschack Tim		AK 20 (m)	1	0:11:46 (13)	2:27	0:35:08 (22)	3:03	0:21:04 (7)	1:13:27
9	274	Sascha Severin	LT Starlight Team Essen	AK 50 (m)	1	0:11:23 (9)	2:41	0:32:42 (8)	3:20	0:23:25 (15)	1:13:31
10	295	Jan Schönke	FC St. Pauli Triathlon	AK 25 (m)	2	0:12:51 (29)	2:21	0:33:38 (13)	3:12	0:21:44 (9)	1:13:47
11	213	Mathias Freese	1. TCO "Die Bären"	AK 35 (m)	3	0:12:10 (21)	2:40	0:34:07 (15)	3:15	0:21:56 (10)	1:14:08
12	469	Sebastian Schönewolf	Sparkasse Bremen	AK 35 (m)	4	0:14:39 (78)	2:23	0:32:58 (10)	3:08	0:21:01 (6)	1:14:09
13	241	Jonas Warneke		AK 35 (m)	5	0:13:46 (47)	3:33	0:26:05 (1)	3:32	0:27:45 (73)	1:14:40
14	300	Marcus Cords	For Brother	AK 50 (m)	2	0:13:38 (42)	2:53	0:35:24 (24)	3:02	0:20:32 (5)	1:15:29
15	203	Jonas Siefkens		MJUN	1	0:09:02 (1)	2:16	0:37:29 (50)	3:10	0:23:56 (22)	1:15:53
16	248	Eckart Eickhoff	1. Nienburger SC	AK 50 (m)	3	0:11:01 (8)	2:40	0:34:15 (17)	3:19	0:24:47 (33)	1:16:02
17	221	Sönke Waldt	St. Pauli Triathlon	AK 30 (m)	3	0:12:05 (19)	2:16	0:36:44 (39)	3:08	0:22:55 (14)	1:17:07
18	231	Nono Weinzierl	Triabolos Hamburg e.V.	AK 30 (m)	4	0:11:25 (10)	2:18	0:35:27 (25)	3:24	0:24:40 (30)	1:17:14
19	292	Frank Stephani	Harpstedter TB Triathlon	AK 55 (m)	2	0:13:50 (48)	2:32	0:32:48 (9)	3:15	0:25:09 (38)	1:17:35
20	408	Borchers Jens		AK 40 (m)	2	0:14:40 (79)	2:52	0:36:18 (33)	3:28	0:22:07 (12)	1:19:24
21	381	Paul Bomke	Team ELISE	AK 35 (m)	6	0:12:55 (30)	3:05	0:36:00 (29)	3:24	0:24:03 (23)	1:19:26
22	218	Robert Dr. Fuchs	LAV Verden	AK 45 (m)	1	0:13:30 (38)	3:13	0:34:07 (16)	3:39	0:25:05 (34)	1:19:33
23	531	Thomas Schweda	Tri-Sport-Team TV Verl	AK 50 (m)	4	0:14:34 (73)	2:53	0:35:40 (27)	3:02	0:23:33 (16)	1:19:41
24	275	Benjamin Brogsch		AK 25 (m)	3	0:13:44 (46)	2:19	0:35:52 (28)	2:56	0:25:06 (36)	1:19:57
25	317	Thies Weritz	TuRa Hechthausen	AK 30 (m)	5	0:12:36 (24)	2:53	0:36:06 (30)	3:40	0:24:43 (31)	1:19:58
26	256	Thomas Gorniak	Bremischer SV	AK 40 (m)	3	0:13:23 (37)	2:48	0:37:12 (47)	2:59	0:23:56 (21)	1:20:18
27	257	Friso Gammelin	MTV Aurich Triathlon	AK 40 (m)	4	0:14:28 (68)	3:14	0:34:51 (20)	3:50	0:24:33 (29)	1:20:55

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28	302	Leandre Spertino		AK 25 (m)	4	0:15:32 (105)	3:41	0:31:14 (3)	3:12	0:27:51 (74)	1:21:30
29	242	André Bathel	Team Erdinger Alkoholfrei	AK 45 (m)	2	0:11:50 (14)	2:36	0:35:20 (23)	3:39	0:28:13 (79)	1:21:37
30	391	Enrico Rode		AK 45 (m)	3	0:14:48 (86)	3:00	0:33:12 (11)	3:51	0:27:03 (59)	1:21:54
31	363	Liam Pogorzalski		MJUN	2	0:13:04 (35)	3:02	0:37:03 (44)	4:20	0:24:27 (26)	1:21:56
32	362	Mika Brinkmeier		MJUN	3	0:12:48 (27)	3:12	0:36:08 (31)	3:35	0:26:13 (47)	1:21:56
33	329	Jorit Rolf-Pissarczyk		AK 30 (m)	6	0:13:06 (36)	2:50	0:39:02 (72)	3:28	0:23:55 (20)	1:22:20
34	280	Christian Dammer		AK 55 (m)	3	0:14:04 (52)	2:41	0:37:12 (48)	3:26	0:25:22 (40)	1:22:45
35	307	Sascha Göbel	OCR Heidesprinter	AK 35 (m)	7	0:14:33 (71)	2:40	0:35:29 (26)	3:57	0:26:16 (48)	1:22:55
36	245	Philipp Uhl		AK 30 (m)	7	0:10:39 (5)	2:46	0:40:37 (96)	3:29	0:25:38 (41)	1:23:09
37	321	Clemens Boertz		AK 25 (m)	5	0:13:39 (43)	3:02	0:38:55 (69)	3:08	0:24:28 (27)	1:23:12
38	416	Steffen Fastenau		AK 30 (m)	8	0:14:59 (91)	3:40	0:38:55 (68)	3:55	0:21:58 (11)	1:23:26
39	219	Thorsten Kammeier	Triathlöwen Bremen	AK 60 (m)	1	0:13:43 (45)	3:01	0:36:41 (38)	3:54	0:26:36 (53)	1:23:55
40	310	Daniel Borrmann	Bremen10	AK 35 (m)	8	0:14:06 (53)	2:46	0:35:04 (21)	3:38	0:28:27 (85)	1:24:01
41	394	Holger Fränzel		AK 35 (m)	9	0:13:00 (32)	3:03	0:38:29 (62)	3:49	0:25:44 (43)	1:24:05
42	260	Uli Mix	LC Hansa Stuhr TriWölfe	AK 65 (m)	1	0:15:52 (109)	2:53	0:36:48 (41)	3:34	0:25:07 (37)	1:24:14
43	360	Magnus Pröhl		AK 20 (m)	2	0:12:50 (28)	4:14	0:40:36 (95)	2:55	0:23:43 (19)	1:24:18
44	407	Tom Kreyenhop	-	AK 45 (m)	4	0:13:03 (34)	3:02	0:38:56 (71)	4:40	0:25:09 (39)	1:24:51
45	419	Ahrens Jan		AK 30 (m)	9	0:15:21 (101)	3:44	0:37:34 (52)	3:42	0:24:30 (28)	1:24:52
46	535	Thomas Baumgarten		AK 40 (m)	5	0:16:30 (122)	3:25	()		0:23:39 (18)	1:25:00
47	364	Christian Neumann		AK 30 (m)	10	()		0:38:28 (61)	3:10	0:26:37 (54)	1:25:17
48	383	Woldemar Schilberg	Rien ne va plus Wildeshausen	AK 45 (m)	5	0:15:16 (98)	3:56	0:36:33 (35)	3:45	0:25:58 (44)	1:25:27
49	291	Torsten Klieme	Triathlonlöwen Bremen	AK 55 (m)	4	0:14:01 (51)	3:21	0:36:46 (40)	4:05	0:27:15 (63)	1:25:29
50	244	Peter Schmidt	Triathletenschmiede Werratal	AK 50 (m)	5	0:12:59 (31)	2:53	0:36:24 (34)	4:03	0:29:13 (96)	1:25:32
51	281	Justinian Emmanuel Gomez Moreno		AK 30 (m)	11	0:12:43 (26)	4:10	0:41:13 (108)	3:17	0:24:13 (25)	1:25:35
52	334	Bjarne Eller		AK 25 (m)	6	0:13:40 (44)	2:57	0:38:04 (57)	3:46	0:27:22 (67)	1:25:49
53	393	Alexej Busiak		AK 35 (m)	10	0:13:57 (49)	2:54	0:39:41 (78)	3:28	0:26:00 (45)	1:26:00
54	265	Maximilian Pfeiffer		AK 25 (m)	7	0:11:57 (17)	3:35	0:40:07 (84)	3:02	0:27:22 (66)	1:26:02

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
55	271	Smaavik Jack Marc		AK 40 (m)	6	0:14:47 (85)	3:30	0:34:50 (19)	5:50	0:27:08 (60)	1:26:04
56	240	Brandenburg Thomas	Triabolos Hamburg e.V.	AK 45 (m)	6	0:12:14 (22)	3:10	0:36:57 (42)	4:36	0:29:15 (98)	1:26:11
57	377	Michel Kahrs		AK 45 (m)	7	0:14:25 (66)	3:58	0:38:26 (60)	4:19	0:25:05 (35)	1:26:13
58	541	Fabian Monsees		AK 40 (m)	7	0:15:24 (102)	3:33	0:39:43 (79)	3:43	0:24:03 (24)	1:26:26
59	208	Steven Stürenburg	Triathlöwen Bremen	AK 20 (m)	3	0:09:36 (2)	3:28	0:40:07 (85)	3:54	0:29:31 (101)	1:26:37
60	382	Dirk Schmidt		AK 35 (m)	11	0:14:33 (71)	3:15	0:36:40 (36)	3:59	0:28:19 (82)	1:26:46
60	250	Frank Siemers		AK 40 (m)	8	0:11:33 (12)	3:10	0:39:40 (77)	4:05	0:28:18 (81)	1:26:46
62	290	Tom Mryka	Team Zoot Europe	AK 40 (m)	9	0:14:20 (63)	3:20	0:39:45 (80)	3:34	0:26:18 (50)	1:27:16
63	361	Holger Lühr		AK 55 (m)	5	0:14:41 (80)	3:18	0:37:44 (54)	3:50	0:28:00 (76)	1:27:34
64	306	Tilman Werum		AK 25 (m)	8	0:13:33 (40)	3:46	0:39:03 (73)	3:56	0:27:27 (68)	1:27:45
65	418	Holger Ilgner	Bremer Ruderverein von 1882	AK 55 (m)	6	0:18:01 (143)	3:27	0:36:15 (32)	3:56	0:26:10 (46)	1:27:48
66	337	Thomas Stach	RSC Lüneburg	AK 25 (m)	9	0:19:21 (164)	3:31	0:37:28 (49)	3:53	0:23:37 (17)	1:27:51
67	261	Alexander Schlüter	HSB TriRunners	AK 25 (m)	10	0:15:56 (110)	3:16	0:38:30 (63)	3:22	0:27:01 (58)	1:28:06
68	249	Bernhard Keuten		AK 50 (m)	6	0:13:36 (41)	3:34	0:36:40 (37)	4:30	0:29:59 (105)	1:28:18
69	378	Jürgen Buschmann		AK 70 (m)	1	0:14:20 (64)	3:49	0:37:35 (53)	3:39	0:29:43 (102)	1:29:07
70	434	Julian Krause		AK 35 (m)	12	0:17:07 (129)	4:06	0:37:08 (45)	4:00	0:26:54 (56)	1:29:14
71	473	Dirk Grollius		AK 50 (m)	7	0:16:07 (112)	3:40	0:37:53 (56)	4:04	0:27:45 (72)	1:29:29
72	324	Marc Piaszek		AK 45 (m)	8	0:14:16 (58)	3:41	0:40:04 (83)	4:08	0:27:54 (75)	1:30:04
73	255	Maximilian Rösemeier		MJUN	4	0:13:31 (39)	3:09	0:37:32 (51)	4:24	0:32:00 (122)	1:30:37
74	477	Zimara Martin		AK 30 (m)	12	0:16:17 (117)	5:13	0:29:57 (2)	5:06	0:34:23 (136)	1:30:56
75	395	Lukas Hoppmann	Laufkälber Bremen	AK 30 (m)	13	0:15:13 (97)	3:11	0:40:22 (90)	3:40	0:28:51 (91)	1:31:17
76	410	Roman Welzer		AK 50 (m)	8	0:18:53 (157)	3:39	0:37:10 (46)	4:24	0:27:17 (64)	1:31:23
77	251	Deniz Gün		AK 25 (m)	11	0:14:18 (61)	4:28	0:41:43 (117)	3:37	0:27:33 (70)	1:31:40
78	339	Jörg Meyer	TV Lilienthal	AK 50 (m)	9	0:19:26 (166)	3:15	0:38:26 (59)	3:41	0:26:55 (57)	1:31:43
79	309	Henning Lemanczyk	Kiel-Russee	AK 45 (m)	9	0:16:19 (119)	3:00	0:41:00 (105)	3:59	0:27:28 (69)	1:31:46
80	254	Sonnenberg Erik	Bremen 1860	AK 20 (m)	4	0:15:16 (99)	3:50	0:40:57 (104)	4:06	0:28:09 (78)	1:32:17
81	512	Pitt Gessner		AK 40 (m)	10	0:14:51 (87)	3:53	0:40:44 (98)	4:10	0:28:42 (88)	1:32:19

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
82	388	Simon Reinhardt		AK 20 (m)	5	0:16:14 (116)	4:05	0:42:44 (124)	3:36	0:25:40 (42)	1:32:19
83	246	Holger Wohlers		AK 65 (m)	2	0:11:54 (15)	4:01	0:43:28 (131)	4:28	0:28:39 (86)	1:32:29
84	405	Marcus Tausch	GSV Bremen	AK 40 (m)	11	0:15:49 (108)	3:40	0:38:20 (58)	4:45	0:29:56 (104)	1:32:30
85	258	Wulf Schwarz	KEB Tri Team Schwarme	AK 50 (m)	10	0:12:32 (23)	3:30	0:37:01 (43)	4:49	0:34:39 (140)	1:32:31
86	318	Timothy Weiß		AK 20 (m)	6	0:18:25 (150)	3:26	0:38:44 (66)	4:19	0:27:38 (71)	1:32:33
87	472	Arne Steffen		AK 30 (m)	14	0:15:29 (103)	3:14	0:41:05 (106)	3:33	0:29:30 (100)	1:32:50
88	481	Ralf Zöllner		AK 50 (m)	11	0:15:11 (95)	3:47	0:39:48 (82)	4:18	0:30:12 (107)	1:33:15
89	502	Niklas Leder	TSV Schwarme	AK 20 (m)	7	0:14:54 (88)	4:05	0:43:05 (126)	4:11	0:27:15 (62)	1:33:29
90	228	Ammon Slickers	Bremen 1910	AK 25 (m)	12	0:14:15 (57)	3:31	0:40:16 (87)	3:39	0:31:54 (121)	1:33:35
91	398	Nanno Alpers	Laufkälber Bremen	AK 30 (m)	15	0:15:13 (96)	3:38	0:40:18 (88)	4:01	0:30:36 (111)	1:33:45
92	327	Torsten Preuß	SC Melle 03	AK 50 (m)	12	0:14:29 (69)	3:18	0:39:47 (81)	4:47	0:31:38 (118)	1:33:58
93	386	Alexander Nitsche		AK 40 (m)	12	0:14:42 (82)	3:58	0:41:41 (116)	4:11	0:29:47 (103)	1:34:19
94	435	Florian Holst		AK 50 (m)	13	0:19:05 (160)	3:43	0:40:45 (100)	4:19	0:26:28 (51)	1:34:20
95	236	Torben Rohbeck		AK 45 (m)	10	0:14:10 (55)	4:30	0:40:26 (92)	3:39	0:31:45 (119)	1:34:30
96	500	Markus Heuer		AK 35 (m)	13	0:17:19 (133)	3:43	0:42:40 (123)	4:16	0:27:08 (61)	1:35:06
97	508	Mike Schroeder		AK 35 (m)	14	0:17:55 (142)	5:07	0:39:31 (76)	3:56	0:28:39 (87)	1:35:07
98	234	Stefan Diersmann	Triathlöwen Bremen	AK 30 (m)	16	0:12:03 (18)	3:28	0:40:19 (89)	4:57	0:34:28 (137)	1:35:15
99	338	Joschka Braun		AK 30 (m)	17	0:19:42 (168)	3:46	0:39:20 (75)	4:17	0:28:26 (84)	1:35:31
100	315	Jens Koennecke	TUS Brockel	AK 55 (m)	7	0:14:35 (75)	4:13	0:41:36 (114)	5:02	0:30:26 (110)	1:35:53
101	389	Georg Mai		AK 60 (m)	2	0:16:49 (126)	3:48	0:41:36 (113)	4:50	0:29:05 (94)	1:36:08
102	479	Georg Dole	TriCologne	AK 45 (m)	11	0:19:26 (165)	3:39	0:40:39 (97)	4:00	0:28:26 (83)	1:36:10
103	518	Michael Berg		AK 60 (m)	3	0:19:18 (161)	3:54	0:42:30 (122)	3:49	0:26:45 (55)	1:36:15
104	325	Karsten Talaska		AK 40 (m)	13	0:18:46 (153)	3:34	0:42:12 (119)	3:23	0:28:46 (90)	1:36:41
105	369	Can Heinrichs		AK 20 (m)	8	0:14:18 (62)	3:16	0:38:39 (64)	3:36	0:36:57 (154)	1:36:46
106	488	Meik Leptien		AK 45 (m)	12	0:14:57 (89)	3:41	0:41:25 (112)	4:28	0:32:25 (123)	1:36:56
107	411	Marc Lingemann		AK 55 (m)	8	0:14:17 (59)	3:56	0:40:44 (99)	4:57	0:33:14 (129)	1:37:07
108	288	Ralf Brummerloh		AK 40 (m)	14	0:14:12 (56)	4:45	0:44:23 (134)	4:40	0:29:14 (97)	1:37:15



Volkstriathlon

(Männer / Frauen Wertung)

Bremen, den 14. August 2022

Mit freundlicher Unterstützung von:



Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
109	510	Daniel Köster		AK 30 (m)	18	0:17:39 (136)	4:34	0:41:24 (111)	4:33	0:29:09 (95)	1:37:19
110	503	Bernd Lewandowski		AK 55 (m)	9	0:17:53 (141)	4:35	0:38:40 (65)	5:07	0:31:13 (115)	1:37:27
111	539	Christof Carsten		AK 20 (m)	9	0:14:35 (74)	4:10	0:47:49 (162)	4:21	0:26:35 (52)	1:37:30
112	468	Hugo Wiggers	Sparkasse Bremen	AK 55 (m)	10	0:20:32 (172)	3:33	0:40:22 (91)	4:24	0:28:52 (92)	1:37:44
113	322	Stefan Heine	KEB Tui Team Schwaume	AK 50 (m)	14	0:13:58 (50)	3:57	0:40:47 (101)	5:11	0:34:19 (134)	1:38:12
114	523	Son Cao		AK 35 (m)	15	0:20:21 (171)	4:11	0:40:27 (93)	4:37	0:28:59 (93)	1:38:34
115	396	Lennart Fätkenheuer	Laufkälber Bremen	AK 30 (m)	19	0:16:25 (121)	3:46	0:39:19 (74)	4:32	0:34:37 (139)	1:38:39
116	305	Jens Husmann	Rastede	AK 45 (m)	13	0:19:05 (159)	3:31	0:40:31 (94)	4:09	0:31:30 (117)	1:38:45
117	289	Clas Vögeding		AK 40 (m)	15	0:14:31 (70)	3:56	0:41:14 (109)	5:36	0:33:40 (132)	1:38:57
118	229	Jens Gäde		AK 60 (m)	4	0:18:56 (158)	4:05	0:38:54 (67)	5:15	0:31:51 (120)	1:39:00
119	287	Marc André Eckhoff		AK 25 (m)	13	0:15:01 (92)	4:56	0:46:50 (156)	3:44	0:28:44 (89)	1:39:15
120	453	Oleksiy Serdyuk		AK 45 (m)	14	0:20:21 (170)	4:45	0:40:56 (103)	5:56	0:27:21 (65)	1:39:19
121	413	Kai Fehrcke		AK 30 (m)	20	0:14:44 (84)	4:38	0:40:54 (102)	4:26	0:34:50 (143)	1:39:34
122	490	Joe Rode		AK 25 (m)	14	0:16:18 (118)	4:47	0:43:30 (132)	4:39	0:30:37 (112)	1:39:51
123	238	Steve Zenker	ULCTriathlovers	AK 35 (m)	16	0:16:06 (111)	3:59	0:45:51 (149)	4:01	0:30:02 (106)	1:39:59
124	259	Thorsten Schwarz	Tri Team Schwarme	AK 55 (m)	11	0:15:09 (94)	2:55	0:50:19 (169)	3:40	0:28:00 (77)	1:40:02
125	326	Hannes Kröger	Erdinger Active Team	AK 30 (m)	21	0:14:27 (67)	3:49	0:44:57 (142)	5:01	0:32:34 (125)	1:40:47
126	482	Jens Ollrogge	RCB	AK 35 (m)	17	0:17:03 (128)	3:03	0:37:47 (55)	4:36	0:38:19 (160)	1:40:48
127	536	Norman Storz		AK 25 (m)	15	0:17:34 (135)	4:21	0:44:38 (138)	3:38	0:30:41 (113)	1:40:53
128	530	Paolo Neufing		AK 20 (m)	10	0:16:20 (120)	4:14	0:41:22 (110)	4:13	0:34:50 (142)	1:40:58
129	403	Valentin Lustig		AK 35 (m)	18	0:14:37 (76)	6:47	0:45:05 (143)	4:24	0:30:12 (108)	1:41:05
130	522	Thomas Rohlwing		AK 35 (m)	19	0:21:26 (174)	5:10	0:41:07 (107)	3:55	0:29:28 (99)	1:41:06
131	344	Gerd Lueneburg		AK 50 (m)	15	0:16:10 (114)	2:47	0:51:11 (172)	3:51	0:28:18 (80)	1:42:18
132	511	Michael Strehlau	Iceman	AK 55 (m)	12	0:19:21 (163)	3:36	0:44:48 (139)	4:30	0:30:20 (109)	1:42:34
133	314	Georg De Brouwer	Team Erdinger Alkoholfrei	AK 60 (m)	5	0:15:39 (106)	3:39	0:45:38 (148)	5:01	0:33:14 (130)	1:43:11
134	499	Kolditz Marcel		AK 35 (m)	20	0:15:03 (93)	5:07	0:46:15 (152)	4:29	0:32:35 (126)	1:43:28
135	397	Michael Freiberg	TSV Hoyerswege	AK 60 (m)	6	0:14:41 (81)	3:21	0:44:55 (141)	5:47	0:34:49 (141)	1:43:33

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
136	491	Jonas Wronna		AK 30 (m)	22	0:16:07 (113)	4:25	0:44:33 (136)	4:11	0:34:51 (144)	1:44:07
137	532	Steven Kinnard		AK 25 (m)	16	0:17:13 (132)	7:17	0:47:28 (161)	5:56	0:26:18 (49)	1:44:12
138	497	Frank Plönnigs		AK 40 (m)	16	0:21:58 (175)	3:49	0:43:15 (128)	4:08	0:31:20 (116)	1:44:30
139	444	Klaus Warsitz		AK 70 (m)	2	0:18:11 (146)	4:28	0:45:15 (146)	4:18	0:32:27 (124)	1:44:39
140	429	Hartmut Sancken		AK 50 (m)	16	0:16:49 (127)	4:30	0:46:04 (151)	4:59	0:32:53 (127)	1:45:15
141	370	Tetje Hilken		AK 20 (m)	11	0:14:57 (90)	4:37	0:46:39 (154)	4:52	0:34:21 (135)	1:45:26
142	333	Ingo Böttjer		AK 40 (m)	17	0:18:30 (152)	4:11	0:40:16 (86)	5:05	0:37:41 (155)	1:45:43
143	330	Michael Jäkel7		AK 60 (m)	7	0:17:11 (131)	3:37	0:44:28 (135)	4:40	0:35:50 (147)	1:45:45
144	384	Frank Fischer	RiCon Personallösungen GmbH	AK 50 (m)	17	0:16:39 (124)	4:15	0:43:26 (130)	5:37	0:36:10 (151)	1:46:06
145	304	Frank Kettelhake		AK 50 (m)	18	0:14:22 (65)	3:31	0:44:36 (137)	6:29	0:37:48 (157)	1:46:47
146	441	Christoph Destrée		AK 40 (m)	18	0:18:50 (155)	3:57	0:43:39 (133)	4:25	0:35:57 (150)	1:46:48
147	440	Daniel Schieleit		AK 30 (m)	23	0:12:40 (25)	5:19	0:38:55 (70)	6:25	0:43:41 (173)	1:46:59
148	485	Thomas Weber		AK 60 (m)	8	0:17:42 (137)	4:08	0:45:58 (150)	4:10	0:35:50 (148)	1:47:47
149	312	Justyn Meyer		AK 25 (m)	17	0:12:10 (20)	5:01	0:48:01 (163)	4:41	0:37:58 (158)	1:47:50
150	430	Serafin Jendrysik	Survivor of the Fittest	AK 50 (m)	19	0:16:31 (123)	3:47	0:43:06 (127)	5:30	0:40:17 (168)	1:49:11
151	390	Mirko Vandreier	Ohne	AK 40 (m)	19	0:18:30 (151)	4:42	0:41:39 (115)	5:54	0:38:31 (161)	1:49:16
152	438	Christian-Otto Schacht		AK 60 (m)	9	0:18:09 (145)	5:08	0:49:04 (166)	4:00	0:33:26 (131)	1:49:46
153	400	Uwe Ritter	Park links der Weser e.V.	AK 60 (m)	10	0:14:38 (77)	5:17	0:47:19 (160)	6:03	0:36:29 (153)	1:49:46
154	454	Matthias Winter	Triathlöwen Bremen	AK 35 (m)	21	0:17:47 (139)	3:39	0:43:24 (129)	3:52	0:41:49 (171)	1:50:32
155	380	Tim Roggenthien		AK 30 (m)	24	0:15:44 (107)	4:14	0:46:23 (153)	4:25	0:39:52 (166)	1:50:37
156	270	Thorsten Schwenk	SG Bremen-Ost	AK 45 (m)	15	0:19:41 (167)	6:45	0:48:33 (164)	5:01	0:31:04 (114)	1:51:04
157	294	Marcel Claußen		AK 20 (m)	12	0:16:13 (115)	3:38	0:48:40 (165)	4:06	0:38:36 (162)	1:51:13
158	524	Henning Gröffel		AK 20 (m)	13	0:24:29 (178)	4:33	0:42:25 (121)	5:36	0:34:30 (138)	1:51:33
159	402	Jürgen Lewerentz		AK 65 (m)	3	0:17:19 (134)	7:13	0:41:50 (118)	6:29	0:38:53 (164)	1:51:44
160	340	Michael Ruffert		AK 60 (m)	11	0:22:03 (176)	5:33	0:42:24 (120)	6:42	0:35:53 (149)	1:52:35
161	484	Vincent Kopirski		AK 25 (m)	18	0:20:58 (173)	3:54	0:47:10 (158)	5:18	0:35:26 (146)	1:52:44
162	501	Karim Reichstein		AK 40 (m)	20	0:18:09 (144)	4:16	0:49:28 (168)	4:27	0:36:26 (152)	1:52:45

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
163	540	Jan Hannemann		AK 25 (m)	19	0:27:25 (179)	4:06	0:45:07 (144)	3:28	0:32:54 (128)	1:52:59
164	433	Basa Tobias		AK 30 (m)	25	0:19:18 (162)	5:49	0:49:06 (167)	4:26	0:35:04 (145)	1:53:43
165	450	Joerg Twachtmann		AK 55 (m)	13	0:17:08 (130)	5:50	0:46:52 (157)	6:33	0:37:45 (156)	1:54:08
166	504	Henrik Beiß		AK 35 (m)	22	0:22:18 (177)	4:31	0:42:47 (125)	4:46	0:41:07 (170)	1:55:28
167	507	Ralf Gatzweiler		AK 35 (m)	23	0:18:52 (156)	5:06	0:47:13 (159)	5:34	0:40:08 (167)	1:56:53
168	379	Jens Reinheckel		AK 50 (m)	20	0:17:46 (138)	4:29	0:51:53 (174)	4:41	0:38:12 (159)	1:57:01
169	439	Harald Wendt		AK 60 (m)	12	()		0:44:49 (140)	6:24	0:42:14 (172)	1:57:37
170	428	Armin Zimmermann		AK 60 (m)	13	0:15:29 (104)	5:52	0:50:32 (170)	5:47	0:40:42 (169)	1:58:22
171	492	Harry Ruhe		AK 60 (m)	14	0:19:57 (169)	4:22	0:45:30 (147)	5:07	0:47:19 (176)	2:02:15
172	480	Timo Seggermann		AK 45 (m)	16	0:14:17 (60)	0:33	0:51:09 (171)	8:50	0:38:39 (163)	2:03:28
173	227	Frank Köhne		AK 55 (m)	14	0:14:43 (83)	4:12	0:46:43 (155)	6:30	0:51:48 (180)	2:03:57
174	417	Kalle Fröning		AK 45 (m)	17	0:18:46 (154)	4:43	0:45:09 (145)	7:43	0:47:45 (177)	2:04:05
175	222	Peter Erwin Goldschmidt	TS Woltmershausen	AK 55 (m)	15	0:18:15 (147)	5:01	0:56:47 (178)	5:45	0:39:04 (165)	2:04:53
176	515	Jan Speiser		AK 20 (m)	14	0:15:17 (100)	8:14	0:53:55 (177)	5:54	0:46:19 (175)	2:09:39
177	517	Philipp Paul		AK 25 (m)	20	0:18:21 (148)	5:13	0:53:51 (176)	5:56	0:46:19 (174)	2:09:39
178	449	Torsten Staffeldt		AK 55 (m)	16	0:18:21 (148)	4:55	0:52:26 (175)	6:24	0:49:01 (178)	2:11:07
179	357	Martin Fritz		AK 55 (m)	17	0:16:42 (125)	8:50	0:51:36 (173)	7:42	0:49:32 (179)	2:14:22
180	351	Bruno Ortiz Cremers		AK 30 (m)	26	0:14:07 (54)	4:23	1:24:07 (179)	3:48	0:34:03 (133)	2:20:27
DISQ	235	Eduardo Wirthmann Ferreira		AK 40 (m)		0:14:31 ()	2:52	0:14:19 ()	7:37	0:30:42 ()	1:40:02
DISQ	538	Norbert Eisenhauer		AK 65 (m)		0:24:22 ()	9:02	0:17:40 ()		()	